



College of Nursing - Dawadmi

Programs Name: Bachelor of Nursing Sciences	Course Code: NUR 3614
Course Title: Adult Health Nursing 1 / Clinical	Credit hours: 3(0+3)

Course Description

Adult Health Nursing-1/ Clinical is a co-requisite course of Adult Health Nursing- 1\Theory. This course provides an opportunity for nursing students to apply nursing skills utilizing the nursing process to the care of adult clients experiencing medical-surgical conditions along the health-illness continuum in a variety of healthcare settings. The course focuses on basic and advanced nursing skills needed to provide nursing management safely and effectively to patients experiencing various disorders of gas exchange and respiratory function, cardiovascular and circulatory function, hematologic function, digestive and gastrointestinal function, and metabolic and endocrine function. Use of evidence- based practice is incorporated throughout the course to ensure that students are equipped with up- to-date trends in the implementation of advanced nursing skills and to better facilitate the development of clinical reasoning skills. The course is a combination of laboratory and clinical teaching. Students are given the opportunity to learn the different nursing skills using simulators in the nursing skills laboratory and apply them in real-life situations in the clinical setting.

No	Course content	
1.	Introductory week	
2.	Introduction to the course and its requirements Unit I: Nursing Skills Related to Fluid and Electrolytes	Clinical Training
3.	Unit II: Nursing Skills Related to Perioperative Nursing	Clinical Training
4.	Unit III: Nursing Skills Related to Skin Preparation.	Clinical training
5.	Unit IV: -Nursing Skills Related to Wound Care	Clinical Training
6.	Monitoring and measuring wound draining, Removing of staples and sutures	Clinical Training
7.	Unit V: - Nursing Skills Related to Gas Exchange and Respiratory Function	Clinical Training
8.	Unit VI: -Nursing Skills Related to Respiratory Care	Clinical Training Assessment Quiz-1
9.	Unit VII – Nursing Skills Related to Cardiovascular:	Clinical Training
10.	Unit VIII– Nursing Skills Related to Cardiovascular Unit IX – Nursing Skills Related to Gastrointestinal.	
11.	1. Colostomy care.	Clinical Training Assessment Quiz-2
12.	Unit X – Nursing Skills Related to Gastrointestinal.	Clinical Training
13.	Hospital Training	
14.	Hospital Training	

Textbook (s) :

1. Brunner and Siddhartha's Textbook of Medical-Surgical (latest edition) Nursing.
2. Perry, A.G, Potter, P.A. (2017): Basic Nursing Essentials for Practice (5ed). St. Louis, Missouri Mosby.
3. Elsevier Brunner and Suddarth's (2016): textbook of medical surgical nursing.
4. Smeltzer SC; Bare B (2015): Medical Surgical Nursing.9lded. Lippincott Philadelphia. Elkin, Potter Perry: Nursing Intervention and Clinical Skills 4th Edition.